

Who Is a Part of the Palliative Care Team?

You, your family, and your caregivers are the most important team members. Our palliative care team of healthcare professionals is specially trained to help you and your family cope with the many burdens of serious illness.

Our Palliative Care Team will work with you, your family, and your healthcare team members to develop a plan that best supports you.



DID YOU KNOW?

Patients who receive palliative care: Have better control of pain & other symptoms, spend less time in the hospital, and experience less stress, depression, & anxiety.

Looking for More Information?

Talk with your healthcare provider and check out the links below!

THE PALLIATIVE CARE TEAM AT SAULT AREA HOSPITAL:

(705) 759-3434 ext. 6505

<https://www.sah.on.ca/programs-services/algoma-district-cancer-program/treatment-options/palliative-care>

HOME & COMMUNITY CARE SUPPORT SERVICES - NORTH EAST:

(705) 949-1650

<https://healthcareathome.ca/northeast/en>

EARLY PALLIATIVE RESOURCE NURSES:

(705) 942-1556 ext. 235

<https://www.archhospice.ca/resources-for-professionals>

VON ALGOMA:

(705) 942-8200

<https://www.von.ca/en/site/algoma>

ARCH HOSPICE INTAKE NURSE:

(705) 942-1556 ext.204

<https://www.archhospice.ca/referrals>

SPEAK UP ONTARIO:

<https://www.speakuontario.ca/>



Palliative Care Algoma

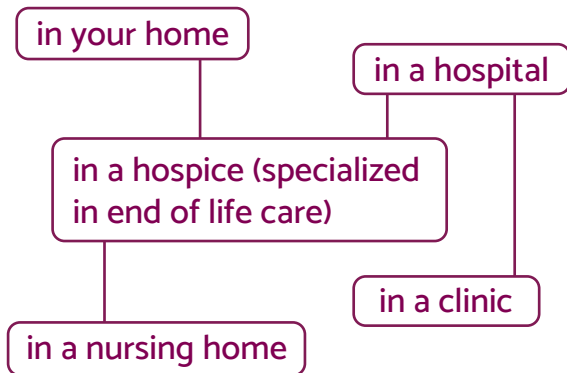
It's Your Care on Your Terms.

What Is Palliative Care?

Palliative care is an approach that improves the quality of life of patients and their families facing the problems associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and assessment and treatment of pain and other problems, physical, psychosocial and spiritual.

- World Health Organization

Palliative Care Is Available:



What Can Palliative Care Do for Me?

Relieve suffering due to physical, spiritual, and emotional symptoms:



- Pain
- Fatigue
- Depression and anxiety
- Shortness of breath

Help you choose a treatment plan that fits with your goals and values.



Reduce your time spent in the hospital.



Provide support for you and your family throughout your illness.



Support advance care planning:

- Assist you with sharing your health and personal care wishes
- Enhance your understanding of your illness



Who Can Benefit From Palliative Care?

Palliative care is not just for people who are nearing the end of their life. It's never too early to start palliative care.

You may benefit from palliative care:

- At any age
- At any stage in your chronic illness; for example, lung disease, heart disease, kidney disease, dementia, and cancer
- Regardless of whether or not your illness can be cured
- While you are receiving active treatments to control your disease, such as chemotherapy and radiation.

When Can I Start Palliative Care?

It is never too soon to receive palliative care and it is most helpful when it is started early. Your Health Care Provider may have referred you to the palliative care team, or you may decide that this is an approach you would like to explore. It's your choice.

It's Your Care on Your Terms.

PALLIATIVE CARE FOCUSES ON ENHANCING QUALITY OF LIFE.